

# CHARLES WIBBELSMAN, MD

ADOLESCENT MEDICINE, SAN FRANCISCO

**2003** Sidney R. Garfield, MD  
EXCEPTIONAL CONTRIBUTION AWARD

Charles Wibbelsman, MD, has been a champion for adolescents since 1974, when he was writing the "Dear Doctor" column for Teen Magazine.

In 1982, he assumed leadership of KPNC's only Teenage Clinic, in San Francisco; and throughout the 1980s and 1990s, his efforts resulted in 15 dedicated Teen Clinics in Northern California.

Not content to sit on his laurels, Dr. Wibbelsman continues to conduct clinical research; publish journal articles; and write books, including *The Teenage Body Book* and *Growing and Changing*. He also develops educational pamphlets for teens; participates in continuing education videoconferences; and serves as a radio and TV spokesperson for KP. He is Chair of the Chiefs of Adolescent Medicine and sits on the Board of Directors of The Society for Adolescent Medicine.

