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2005 Sidney R. Garfield, MD
EXCEPTIONAL CONTRIBUTION AWARD

In 1997, faced with an epidemic larger than HIV/AIDs, Mary Pat Pauly, MD, pioneered the Hepatitis C Care Pathway, an education and treatment protocol now used throughout KP and in medical institutions around the country.

While treatment options at the time were limited, lifestyle modifications, such as eliminating alcohol and drugs, were known to positively impact the disease.

Dr. Pauly developed a class for new Hepatitis C patients. In addition to education, the class served to classify patients: good candidates for treatment were referred to a gastroenterologist; others were taught beneficial lifestyle changes and monitored over time. The class's success led Dr. Pauly and a multi-disciplinary taskforce to develop the Care Pathway to include screening, diagnosis, patient education, evidence-based treatment and follow-up protocols.

