



**Stephen Parodi, MD**  
Infectious Diseases  
Napa/Solano

Credit Stephen Parodi, MD with the more judicious use of antibiotics at all KP Northern California hospitals.

In 2006, Dr. Parodi conducted a study at the Vallejo hospital that showed about 20% of the time an antibiotic called meropenem was prescribed, it was actually not indicated. So he set up a program to help physicians determine if and when meropenem, and eventually all antibiotics, were appropriate. This initiative decreased annual antibiotic usage by 26% over a three year period.

Dr. Parodi's program was adopted by every KPNC hospital in January 2010, resulting in significant improvement in antibiotic utilization.

Dr. Parodi also established protocols to manage the anticipated H1N1 flu pandemic, leaving Kaiser Permanente much better prepared to respond to future infectious disease outbreaks.