

SOBHA KOLLIPARA, MD

PEDIATRIC ENDOCRINOLOGY,
NORTH VALLEY MEDICAL CENTER

2006 Sidney R. Garfield, MD EXCEPTIONAL CONTRIBUTION AWARD

Sobha Kollipara, MD, had a hunch that teaching children how to manage type 1 diabetes could be done effectively in a fun, non-medical setting where children could help teach each other.

So, in 2001, Dr. Kollipara and a cadre of volunteers organized the first Kaiser Kids Diabetes Camp. Every summer since then, scores of pre-teens and teens have participated in the weekend program, which fosters sharing, camaraderie and independence, while providing a weekend of fun and educational sessions on diabetes management.

In 2003, she launched the acclaimed High-Five to Health program, which teaches an increasing number of at-risk and obese children the importance of eating better and being more active.

