

RICHARD DLOTT, MD

ENDOCRINOLOGY, DIABLO SERVICE AREA

2009 Sidney R. Garfield, MD EXCEPTIONAL CONTRIBUTION AWARD

When it comes to cardiovascular care, KP Northern California is the quality leader in California and in the top 10% of health plans nationwide. This success is due in large part to the Cardiovascular Risk Reduction Program. Its success is due in large part to co-founder Richard Dlott, MD.

This innovative cross-disciplinary program has significantly reduced the incidence of myocardial infarction (by 14%), ischemic stroke (20%) and intracerebral hemorrhage (18%) among members since its inception in 1998.

Focusing on hypertension control and risk-reduction measures for members who have coronary artery disease, diabetes or other coronary risk factors, Dr. Dlott says "I'm thrilled when I think of how many more patients are getting screened and in good control" due to their participation in the program.

