



Shoshana Helman, MD

Sub-Chief, Supportive Care
Services & Continuum
Redwood City

2015

Cecil Cutting
Leadership Award

Shoshana Helman, MD, brings comfort and support to a growing number of seriously ill patients and their loved ones through her exceptional work in palliative care.

Dr. Helman led the growth of Redwood City's Inpatient Palliative Care program, and supported the development of an outpatient Palliative Care service. She is an advocate for providing palliative care to a greater number of patients. She educates her colleagues about the benefits of this care, and encourages referrals. She guides physicians in an understanding of the importance of talking with patients about end-of-life care.

"Dr. Helman's intelligence, empathy, and compassion make her a natural leader," says James O'Donnell, MD, Physician-in-Chief, Redwood City. "She has helped all of us see palliative care in a new light."

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– James O'Donnell, MD, Physician-in-Chief