



# DAVID R. VINSON, MD

EMERGENCY MEDICINE, NORTH VALLEY

## 2008 Morris F. Collen, MD RESEARCH AWARD

David R. Vinson, MD, had a hunch: that most urinary tract infections could be diagnosed effectively and efficiently over the phone. He translated that hunch into "Telephone Management of Presumed Cystitis in Women: Factors Associated with Recurrence" (Journal of Clinical Outcomes Management 2007).

The four-year study showed that a broad base of patients would see no difference from the telephone management of bladder infection complaints.

Dr. Vinson analyzed over 4,000 charts for evidence of failed therapy in women who were treated for cystitis by phone. He found that the number of complications associated with UTIs diagnosed during an office visit was comparable with those diagnosed remotely.

The study demonstrates how health care organizations can increase efficiency while maintaining quality patient care.