



NANCY GOLER, MD

OB/GYN, NAPA/SOLANO

2009 Morris F. Collen, MD RESEARCH AWARD

Devoted to the birth of healthy babies, Nancy Goler, MD, dedicates her time and talents to helping women stop substance abuse during pregnancy and, hopefully, for the rest of their lives.

Dr. Goler led a research team in evaluating Kaiser Permanente's Early Start program, a unique effort that provides substance abuse treatment within Ob/Gyn departments with appointments linked to routine prenatal care. The groundbreaking study showed that pregnant women who received substance abuse treatment through Early Start had similar outcomes for themselves and their babies as pregnant women with no evidence of substance abuse.

Study findings clearly support the Early Start model of care for all prenatal clinics and establish the program as the gold standard for replication.

