



**2016**  
**SIDNEY R. GARFIELD, MD**  
**Exceptional Contribution Award**



**SIDNEY R. GARFIELD, MD**, was the physician founder of Kaiser Permanente and one of the great innovators of 20th century American health care delivery.



Dr. Garfield was a surgeon and visionary. He first applied the novel principles of prepayment, prevention, and group medical practice in the 1930s, while he was providing medical and hospital services for construction workers building the Colorado River Aqueduct in the Mojave Desert.

Then, during World War II, he developed a medical care program for hundreds of thousands of workers and family members at Kaiser shipyards in the San Francisco Bay Area, the Vancouver/Portland area, and at the Kaiser Steel Mill in Southern California. His health care system focused as much on the prevention of illness as on caring for the sick.

Dr. Garfield looked for innovations in health care throughout his career. In the 1950s, his revolutionary hospital designs drew international praise. In 1960, he was in the vanguard of physicians who embraced the computer as a tool that could radically improve the delivery of medical care.

Historians writing about events of the 1900s see the work of Dr. Garfield in co-founding Kaiser Permanente as one of the major social contributions of the century.

# 2016

SIDNEY R. GARFIELD, MD

## Exceptional Contribution Award

The Exceptional Contribution Award was established by the TPMG Board of Directors in 2000 to recognize physicians who are instrumental in the development and dissemination of ideas and programs that have a significant impact on patients, colleagues and the broader community.

*“Keep your arms on each other’s shoulders and keep your eyes on the stars for innovation and change for the future.”*

Sidney R. Garfield, MD



**Alison Meadows, MD**

CARDIOLOGY, SAN FRANCISCO

"It has been a privilege to develop a program that helps so many people, that gives them hope and guidance in living their lives as richly as possible."

# Adult Congenital Heart Disease Care

In prior generations, children with congenital heart disease rarely survived to reach adulthood; today, up to 90% of them will. But the number of physicians trained to care for this new population of patients has not grown accordingly, leaving many Adult Congenital Heart Disease (ACHD) patients across the country struggling to receive adequate care.



Dr. Alison Meadows has devoted her career to caring for this vulnerable patient population, a mission that led her to join KP San Francisco in 2010. Hired simply to provide office consultations for adults with congenital heart disease, Dr. Meadows instead created a world class ACHD program that provides comprehensive care for 13,000 patients across Northern California - the largest program of its kind in the country.

One of few formally trained ACHD specialists in the U.S., Dr. Meadows took charge of teaching her colleagues how to care for this high-risk population. She established a network of ACHD champions so that patients receive expert care no matter where they are seen. By leveraging our own providers and support staff, Dr. Meadows freed herself to focus on the most complex patients while reducing travel needs for others.

Her tireless educational efforts laid the groundwork to internalize ACHD care at every level. Surgeries are now performed in-house, as are cardiac MRIs, which are the gold standard for monitoring ACHD patients. Our high-risk obstetric group helps patients conceive and carry their pregnancies to term.

“At Kaiser Permanente every physician is committed to providing high quality care, which makes it easy to partner across specialties,” says Dr. Meadows. “We couldn’t have built this comprehensive of a program anywhere else.”

Nor could KP Northern California have created our second-to-none Adult Congenital Heart Disease program without Dr. Meadows’ unrivaled expertise, unceasing dedication, and relentless passion for patient care.



## JoAnn Bergoffen, MD

GENETICS, SAN JOSE

“When we identify a patient with Lynch Syndrome, we can also provide potentially lifesaving information to their at-risk family members. As a geneticist, this means the world to me.”

## Dan Li, MD

GASTROENTEROLOGY, SANTA CLARA

“Our program makes it possible to find cancer in its earliest stages.”





## Lynch Syndrome Screening Program

Lynch Syndrome is a genetic condition whose carriers have a high lifetime risk of colorectal cancer - up to 80% compared to 6% in the general population - and are at risk for other types of cancer as well. Studies have shown that early diagnosis of Lynch Syndrome followed by proactive management saves lives. Because the condition may be prevalent among relatives, detection is critical to protecting their lives too.



Yet Lynch Syndrome can be difficult to diagnose with the timeliness and accuracy required to make a difference.

Undeterred, Dan Li, MD, and JoAnn Bergoffen, MD, had the vision and ingenuity to bring the most effective screening protocol - which calls for universal testing of all newly diagnosed colorectal cancer patients - to KP Northern California's members. "Kaiser Permanente is the perfect place to roll out universal screening because we are a fully integrated program," notes Dr. Bergoffen.

They assembled a multidisciplinary team, designed new workflows, and launched their pilot project at the Santa Clara Medical Center in 2011. "It didn't take long before we started to find new Lynch Syndrome patients," says Dr. Li. "That suggested our program was working."

Indeed it was. The Commission on Cancer commended their program as "one of few in the nation that have accomplished reflex genetic testing for Lynch Syndrome."

Following Drs. Bergoffen and Li's lead every medical center in the region now has a systematic Lynch Syndrome Screening Program in place. Over 2,000 colorectal cancer patients have been screened, making KP Northern California one of the largest community based programs in the country.

Drs. JoAnn Bergoffen and Dan Li saw the opportunity to implement a cutting-edge cancer prevention program and they seized it. Generations of patients and their at-risk family members will benefit from their work.



## Steven LeVine, MD

EMERGENCY MEDICINE, EAST BAY AREA

"You're not just getting a single physician's opinion, but the consensus-built opinion of a team of physicians who specialize in all aspects of care. The benefit to our patients is tremendous."

## Michael Rizzo, MD

RADIOLOGY, EAST BAY AREA

"The R1 project allows us to give the best possible care to patients who potentially have a new diagnosis of cancer - and to do so without delay."



## Veronica Shim, MD

SURGERY, EAST BAY AREA

"The great thing about our technique is that it's scalable. Other disease-specific sites can adopt a similar process to expedite high quality care."





## R1 Expedited Cancer Diagnosis System

Drs. Michael Rizzo, Veronica Shim, and Steven LeVine know very well that incidental findings on a thoracic imaging study may mean nothing – or they may mean everything, including cancer. So they joined forces to develop a system that would “guarantee rapid and consistent follow-up on all unexpected cancer discoveries at imaging,” says Dr. Rizzo.

Mission accomplished. And then much more.

Their efforts began with a 2007 pilot project in the East Bay Area in which radiologists flagged all incidental findings with an “R1” alert. Flagged images were tracked by a case manager who ensured timely follow-up; occasionally, cancers that might have otherwise escaped early detection were caught.

As a safety net, their innovative process of tagging and systematically tracking abnormal images had more than proven its worth. Still, they saw even greater potential.

Leveraging Kaiser Permanente’s strategic combination of multispecialty integration and KP HealthConnect, in 2011 they convened a team of thoracic surgeons, radiologists, and pulmonologists led by Ashish Patel, MD, to review all newly flagged cases and make recommendations for further workup and treatment to patients’ primary care physicians.

The benefits of this new workflow – which involves specialists with the greatest expertise as early as possible in the decision-making process – were manifest from the start. Not only did it standardize the best possible care as determined by a multispecialty physician team, but the average time from imaging to definitive diagnosis was cut in half. When cancer is detected, treatment begins sooner.

Looking ahead, the potential for further innovation in medical population management is immense. R1 has spawned additional surveillance systems using the same KP HealthConnect paradigm.

“Every now and then you come across a really transformational innovation,” says James Chang, MD, Associate Executive Director. “This is one of them.”





**Lindsay Cheng, MD**

RADIOLOGY, DIABLO  
SERVICE AREA

“Our goal is to give patients  
the best care experience  
available anywhere.”

## Breast Imaging and Same Day Biopsy Program

In many health care systems, the process of evaluating breast masses requires patients to make separate visits for initial screening, subsequent diagnostics, and finally, for biopsy. This sequence can take weeks and “creates a lot of sleepless nights for a lot of women,” says Lindsay Cheng, MD.



It can also delay the onset of life saving treatment.

Dr. Cheng believed KP Northern California could deliver better care. “I wanted us to be able to say, ‘If you can stay today, we’ll do your biopsy today,’” says Dr. Cheng. “That’s how we would want our friends and family to be treated.”

Emboldened by his patient-centered vision, Dr. Cheng took on the complex challenge of making same day biopsies standard practice in the Diablo Service Area’s Breast Imaging Center. He revised physicians’ schedules and meticulously coordinated the work between technologists, sonographers, nurses, and front desk staff. Among other innovations, he developed workflows for radiologists to both recommend and then perform biopsies, improving quality through greater continuity of care.

The success of Dr. Cheng’s program was evident immediately. The number of patients receiving same day biopsies soared. Committed to ensuring all KP Northern California members receive the best possible care, Dr. Cheng then took it upon himself to share his model with colleagues across the region.

Today, over 80% of breast biopsies performed in KP Northern California take place on the same day patients’ masses are discovered (usually only not performed because of patient preference). This means fewer sleepless nights for our members. If cancer is detected, care begins without delay.

Dr. Lindsay Cheng pioneered a program few thought possible until he proved it. He’s made an indelible impact on thousands of patients’ lives.



## Michèle Evans, MD

PEDIATRICS, NORTH VALLEY

"At Kaiser Permanente we're integrated, we're everywhere, and we're committed to the communities we serve. We're uniquely equipped to respond to instances of child maltreatment."

## Dorothy Wilborn, MD

PEDIATRICS, NORTH VALLEY

"CASP is driven by deeply compelling stories of children and families affected by maltreatment. Our physicians are dedicated to providing high quality medical care and doing what's right when child abuse is suspected. We are committed to building a strong team to address child maltreatment as a chronic health condition similar to what we do for other chronic diseases."





## CASP: Child Abuse Services and Prevention

Up to 1 out of 8 children in the U.S. will have a confirmed case of maltreatment. Michéle Evans, MD, and Dorothy Wilborn, MD, were determined to help their colleagues make decisions that could save a child's life. In 2013, they launched Child Abuse Services and Prevention (CASP) in the North Valley, a multifaceted program that empowers clinicians to "not only provide high quality care for children, but to also advocate for their safety and total well-being," says Dr. Wilborn.



Drs. Evans and Wilborn created powerful new resources to help their colleagues fulfill this most critical duty. They built an e-consult site that provides expert workflows for the evaluation of suspected child abuse; a KP HealthConnect smart set that guides clinicians when ordering skeletal surveys for children with suspicious injuries; and a new compliance database for tracking child abuse reports in the North Valley. Multidisciplinary teams of CASP champions have been established in every service area to serve as local experts.

In addition to building the CASP program's infrastructure, Drs. Wilborn and Evans have forged excellent relationships with community and law enforcement agencies across the North Valley. They piloted a dedicated phone line with Child Protective Services to reduce clinician wait time.

As active participants on Sacramento County's Suspected Child Abuse/Neglect (SCAN) committee, they review cases across systems, helping to ensure the safety of children who might present in various settings.

On top of their extensive regional and community work, Drs. Wilborn and Evans remain readily available to their North Valley colleagues, fielding phone calls and taking consults whenever they can lend their expertise.

Their passion and commitment to Kaiser Permanente's youngest members is palpable. Drs. Dorothy Wilborn and Michéle Evans have inspired providers across KP Northern California to create more collaborative and consistent responses to child maltreatment.

# 2016 SIDNEY R. GARFIELD, MD, Exceptional Contribution Award

## 2000

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### **Wendy Huber, MD**

Dermatology, South Sacramento  
Latex Allergy Prevention Program

### **Tom Kidwell, MD**

Ophthalmology, North Valley  
Re-engineering Vision Services

### **Keith Matsuoka, MD**

Head and Neck Surgery  
Greater Southern Alameda Area  
Hearing Aid Centers

### **Barry J. Miller, MD**

Orthopedics, San Jose  
Medical Spine Unit

### **Michael Wilkes, MD**

Internal Medicine  
South San Francisco  
Congestive Heart Failure Program

## 2001

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### **Ernie Bodai, MD**

Surgery, North Valley  
Breast Cancer Stamp

### **Richard Boise, MD** and **Maria Borquez, MD**

Pediatrics, Diablo Service Area  
Pregnancy Teen Counseling Program

### **Susan Kutner, MD**

Surgery, San Jose  
Breast Cancer Care Delivery

### **Brigid McCaw, MD**

Internal Medicine  
East Bay Area  
Family Violence Prevention Program

## 2002

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### **Louis Fehrenbacher, MD**

Oncology, Napa/Solano  
Oncology Clinical Trials Program

### **Doug Grey, MD**

Surgery, San Francisco  
Operation Access

### **Walter Kinney, MD**

Ob/Gyn, North Valley  
Cervical Cancer Screening

### **Ron Melles, MD**

Ophthalmology, Redwood City  
TrackER and Notewriter

### **Michael Wong, MD**

Allergy, Central Valley Area  
Neighbors in Health

## 2003

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### **Charles Wibbelsman, MD**

Adolescent Medicine  
San Francisco  
Adolescent Health Services

### **Steve Bornstein, MD**

Ob/Gyn, South San Francisco  
Clinical Information Presentation  
System

### **Ronald Bachman, MD** and

### **Edgar Schoen, MD**

Genetics, East Bay Area  
Regional Genetics Service

### **Eleanor Levin, MD**

Cardiology, Santa Clara  
Cholesterol Management,  
Cardiac Rehabilitation & Heart Failure  
Programs

### **Hernando Garzon, MD**

Emergency, North Valley  
Urban Search and Rescue Team

## 2004

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### **John Chuck, MD**

Medicine and Family Practice  
North Valley  
New Physician Orientation  
and Mentoring Programs

### **Scott Gee, MD**

Pediatrics, Diablo Service Area  
CIPS Preventive Health Prompt

### **Pat Hybarger, MD**

HNS/Mohs, San Rafael  
Mohs Surgery Reconstruction Program

### **Tim Tsang, MD**

Urology, San Jose  
E-Consult System

## 2005

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### **Towie Fong, MD**

Internal Medicine  
San Francisco  
Chinese Bilingual Bicultural Module

### **Preston Maring, MD**

Ob/Gyn, East Bay Area  
Friday Fresh Farmers' Markets

### **Mary Pat Pauly, MD**

Gastroenterology, North Valley  
Hepatitis C Care Pathway

### **Charito Sico, MD**

Pediatrics, Fresno  
Community Health Fair

### **David Sobel, MD**

Internal Medicine, San Jose  
Health Education and  
Health Promotion



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## 2006

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### **David Baer, MD**

Oncology, East Bay Area  
Case Management for  
Medical Oncology

### **Sobha Kollipara, MD**

Endocrinology, North Valley  
Programs for Children and  
Adolescents with Diabetes

### **John Rego, MD**

Radiology, San Francisco  
Virtual Radiology and  
Digital Imaging

### **KM Tan, MD**

Radiology, San Rafael  
Allied School of Health Sciences

## 2007

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### **Rob Burger, MD**

Occupational Medicine  
North Valley  
Prevention and Emergency  
Management of Youth Sports Injuries

### **Richard Fleming, MD**

Internal Medicine  
Napa/Solano  
Volunteers in Public Service

### **Joseph Phaneuf, MD**

Dermatology  
Greater Southern Alameda Area  
Ashland Free Medical Clinic

### **Alan Whippy, MD**

Emergency Medicine  
East Bay Area  
Population Disease Management

## 2008

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### **Tom Barber, MD**

Orthopedic Surgery  
East Bay Area  
CyberKaiser

### **Evan Bloom, MD**

Pediatrics  
South Sacramento  
Physician Wellness

### **Paul Preston, MD**

Anesthesiology  
San Francisco  
Patient Safety

### **Gail Wagner, MD**

Hematology/Oncology  
Greater Southern Alameda Area  
Matibabu Foundation

### **Alan Wong, MD**

Pediatric Hematology/Oncology  
Santa Clara  
JW House

## 2009

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### **Richard Dlott, MD**

Endocrinology  
Diablo Service Area  
Cardiovascular Risk Reduction Program

### **Gary Heit, MD, PhD**

Neurosurgery, Redwood City  
Americare Neurosurgery International

### **Marc Jaffe, MD**

Endocrinology  
South San Francisco  
Cardiovascular Risk Reduction Program

### **Susan Lindheim, MD**

Pediatrics, East Bay Area  
Allen Fischer Local Employee  
Assistance Fund

### **Nilima Sabharwal, MD**

Pathology  
San Jose Home of Hope

### **Warren Taylor, MD**

Hospital Medicine  
Napa/Solano  
Cardiovascular Risk Reduction Program

### **Joe Young, MD**

Internal Medicine  
East Bay Area  
Cardiovascular Risk Reduction Program

## 2010

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### **Brian Hoberman, MD**

Hospital Medicine  
San Francisco  
KP HealthConnect Inpatient  
Implementation

### **Edward Lee, MD**

Internal Medicine  
South Sacramento  
KP HealthConnect Toolbar

### **Jerry Schlegel, MD**

Neurology, San Rafael  
Excellence in Stroke Care

### **Cliff Sweet, MD**

Radiology, Santa Rosa  
Radiology Information Integrator

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## 2011

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### **Eileen Crowley, MD**

Dermatology, Napa/Solano  
Teledermatology

### **Douglas Holsclaw, MD**

Ophthalmology, Redwood City  
Corneal Transplant Quality of Care

### **Elizabeth Kass, MD**

Dermatology, Central Valley  
Teledermatology

### **Stephen Parodi, MD**

Infectious Diseases, Napa/Solano  
Antimicrobial Stewardship and  
H1N1 Pandemic Response

## 2012

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### **Robert Broadhurst, MD**

Pediatrics, South Sacramento  
Screening and Management  
for Developmental Disorders

### **Thomas Kaschak, DPM**

Podiatry, Fresno  
Vietnam Medical Project

### **Anita Lee, MD**

Radiation Oncology, Santa Clara  
Multidisciplinary Cancer Care

### **Daniel Navarro, MD**

Nuclear Medicine  
Medical Imaging Technology

### **Minggui Pan, MD, PhD**

Hematology/Oncology  
Santa Clara  
Multidisciplinary Cancer Care

## 2013

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### **Jorge Gutierrez, MD**

Pediatric Critical Care  
East Bay Area  
Pediatric Critical Care

### **Mark Hawk, MD**

Neurosurgery, North Valley  
Neurosurgical Services Excellence

### **Michael Lauer, MD, PhD**

Cardiology/Electrophysiology  
Santa Clara, Cardiac Rhythm  
Management Formulary

### **Lisa Liu, MD**

Internal Medicine  
South Sacramento  
Cultural Awareness and  
Community Health Education

## 2014

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### **Diane Craig, MD**

Hospital Medicine  
Santa Clara  
Sepsis Management

### **Kevin Desai, MD**

Pediatric Cardiology  
Greater Southern Alameda Area  
Camp Taylor

### **Robert McLaughlin, MD**

Head and Neck Surgery  
North Valley  
Specialty Care Access

### **Karen Murrell, MD**

Emergency Medicine  
South Sacramento  
Innovations in Emergency  
Department Care

## 2015

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### **Clay Angel, MD**

Hospital Medicine  
San Rafael  
Delirium Management Program

### **Wendy Eberhardt, MD**

Psychiatry  
San Rafael  
Delirium Management Program

### **Charles Meltzer, MD**

Head and Neck Surgery  
Santa Rosa  
Head and Neck Cancer Care

### **Stephen Wang, MD**

Interventional Radiology  
Santa Clara  
Inferior Vena Cava Filter Program



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