



2009

SIDNEY R. GARFIELD, MD



Exceptional  
Contribution  
Award

**SIDNEY R. GARFIELD, MD,** was the physician founder of Kaiser Permanente and one of the great innovators of 20th century American health care delivery.



Dr. Garfield was a surgeon and visionary. He first applied the novel principles of prepayment, prevention, and group medical practice in the 1930s, while he was providing medical and hospital services for construction workers building the Colorado River Aqueduct in the Mojave Desert.

Then, during World War II, he developed a medical care program for hundreds of thousands of workers and family members at Kaiser shipyards in the San Francisco Bay Area, the Vancouver/Portland area, and at the Kaiser Steel Mill in Southern California. His health care system focused as much on the prevention of illness as on caring for the sick.

Dr Garfield looked for innovations in health care throughout his career. In the 1950s, his revolutionary hospital designs drew international praise. In 1960, he was in the vanguard of physicians who embraced the computer as a tool that could radically improve the delivery of medical care.

Historians writing about events of the 1900s see the work of Dr. Garfield in co-founding Kaiser Permanente as one of the major social contributions of the century.

**2009 Sidney R. Garfield, MD**  
EXCEPTIONAL CONTRIBUTION AWARD

The Exceptional Contribution Award was established by the TPMG Board of Directors in 2000 to recognize physicians who are instrumental in the development and dissemination of ideas and programs that have a significant impact on patients, colleagues and the broader community. The recipients featured here will receive their awards on April 30, 2009.





Gary **Heit**, MD, PhD

NEUROSURGERY, REDWOOD CITY

“Everybody wins. The developing countries get equipment they lack, our physicians get to train their colleagues abroad, and most importantly, seriously ill people get the care they need.”

## AMERICARE NEUROSURGERY INTERNATIONAL:

In 2002, Dr. Heit co-founded Americare Neurosurgery International (AMCANI) and led its first mission to Peru, where three neurosurgical teams performed 28 procedures. Flying home, he had an epiphany: train and equip local neurosurgeons to deliver the care.

In addition to training, developing countries can lack equipment for complicated cases. Dr. Heit identified a discarded operative microscope and other neurosurgery tools in a storage facility. In 2006, he shipped the equipment to the Hue University Hospital in Vietnam. Since then, he and KP colleagues have made three trips to Hue to install equipment and train faculty.

The Vietnamese surgeons are now doing more complex spine and cranial surgery, and many patients are being saved.

Dr. Heit wants to send a new team there, while he identifies a teaching hospital in India that could benefit from AMCANI.

For more information, visit [www.amcani.org](http://www.amcani.org).

# NEUROSURGERY



Susan **Lindheim**, MD  
PEDIATRICS, RICHMOND



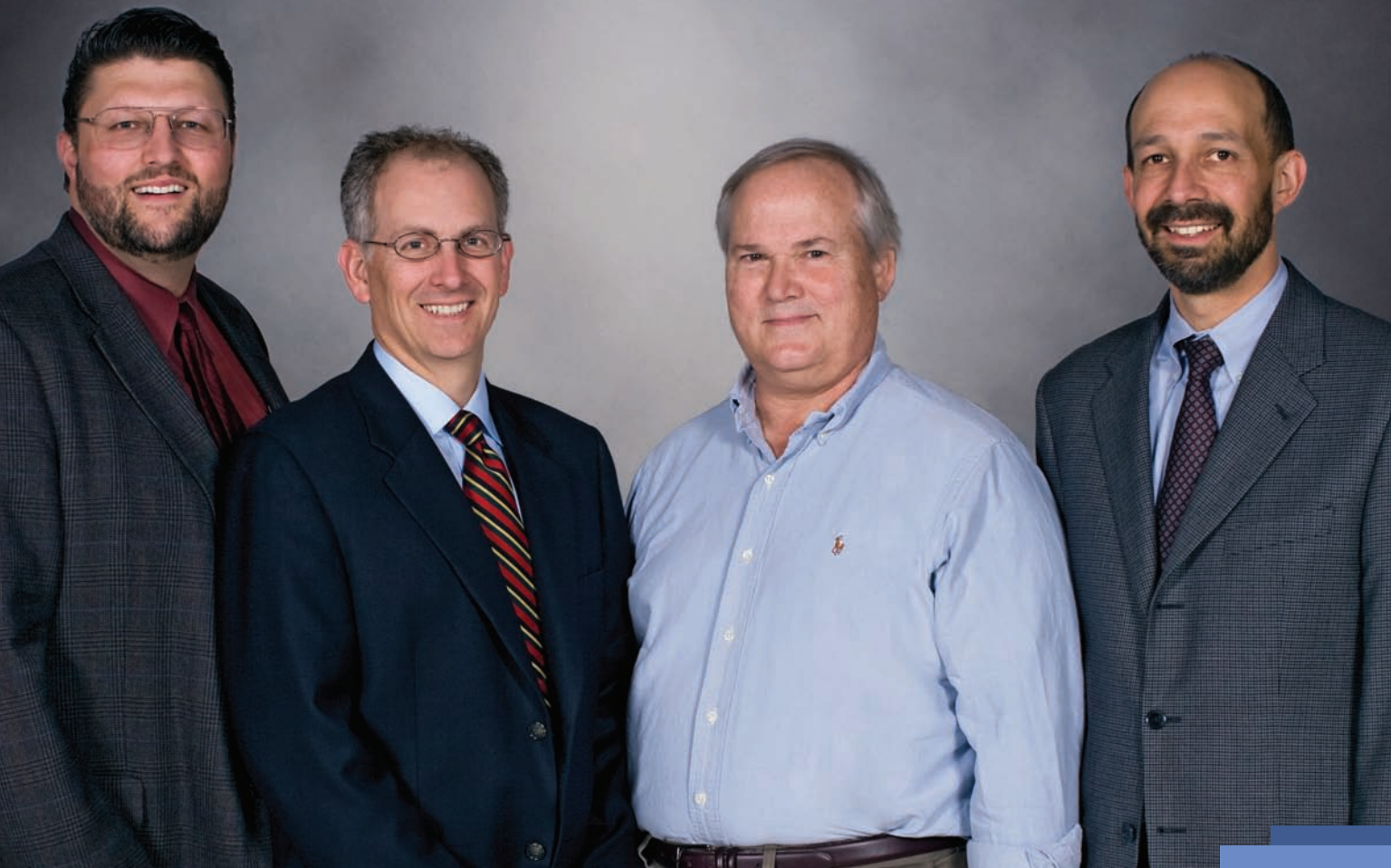
“ Allen Fischer expressed his admiration and gratitude for the people who worked at Richmond. Even when we knew he was dying, he felt good that I had another family – at the medical center. ”

## ALLEN FISCHER LOCAL EMPLOYEE ASSISTANCE FUND:

The Local Employee Assistance Fund (LEAF) was created by Richmond administrators in 1988 to provide confidential support and money to employees and volunteers during financial hardship. With funds raised primarily from yard sales and bake sales, LEAF's ability to help was limited.

Recognizing the potential for helping her Richmond "family," Dr. Lindheim in 2001 served on the LEAF Committee. In 2002, 14 years after receiving a heart transplant, Dr. Lindheim's husband, Allen Fischer, died.

Dr. Lindheim started an annual tradition—making a donation to LEAF in her husband's memory, and requesting contributions from physicians and others. Since implementing this successful fund-raising approach, the Fund has helped more than 150 employees. Dr. Lindheim is working to expand the program to Oakland, and is advocating for its spread to facilities regionwide.



Richard **Dlott**, MD  
ENDOCRINOLOGY, DIABLO SERVICE AREA

Warren **Taylor**, MD  
HOSPITAL MEDICINE, VALLEJO

Marc **Jaffe**, MD  
ENDOCRINOLOGY, SOUTH SAN FRANCISCO

Joseph **Young**, MD  
INTERNAL MEDICINE, OAKLAND



“ We crossed the Quality Chasm for diabetes in less than three years. I’m thrilled when I think of how many more patients are getting screened and are in good control. ”

“ My definition of professional satisfaction is to be part of an organization that shares my values, and supports the efforts I feel are important and will make a difference to our patients. ”

“ When I think about all of the heart attacks and strokes, and of all the premature deaths we’ve prevented; the people we’ve really helped – there is no greater joy on earth. ”

“ We needed to think about hypertension control differently, to better utilize a team approach. Once we began thinking about delivering care outside the doctor office visit, it freed us to be innovative and creative. ”

## CARDIOVASCULAR RISK REDUCTION PROGRAM:

When it comes to cardiovascular care, KP Northern California is the quality leader in California and in the top 10% of health plans nationwide. This success is due in large part to the evidence-based Cardiovascular Risk Reduction Program.

The population-based program includes two overlapping efforts: hypertension control, and PHASE (Prevent Heart Attacks and Strokes Everyday), which focus on risk-reduction measures for members who have coronary artery disease, diabetes or other coronary risk equivalents. Drs. Dlott, Jaffe, Taylor and Young have been instrumental in the development of this multifaceted program.

The collaboration began in 1998. A decade later, there was evidence that the program was preventing heart attacks and strokes. The hospitalization rate of myocardial infarction among KPNC members was 14% lower; the rate of ischemic strokes was 20% lower and intracerebral hemorrhages had declined 18%.

CARDIOVASCULAR



Nilima **Sabharwal**, MD  
PATHOLOGY, SAN JOSE

“ I believe there is a force that tries to bring out the best in us. When you are passionate about something and you work for that higher power, you experience miracles. ”

## HOME OF HOPE:

In 1999, Dr. Sabharwal founded Home of Hope, to provide funding to one struggling orphanage in Chennai, India. By 2002, Home of Hope was supporting five orphanages, and today, it is helping more than 2,000 abandoned, destitute, or otherwise disadvantaged children at 14 orphanages and schools throughout India, plus the Center for Early Intervention on Deafness in Berkeley.

HOH volunteers raise funds, identify needy programs, and monitor progress. Addressing the most critical needs first, HOH may start by funding bathroom construction, or ensuring adequate nutrition. Once these challenges are met, HOH members can focus on empowering the children. Projects include setting up computer labs in Southern India and starting a sewing program for girls in a remote village in Northern India.

For more information about Home of Hope, Inc., visit [www.hohinc.org](http://www.hohinc.org).

PATHOLOGY

## **SIDNEY R. GARFIELD, MD**

**2000 - 2003** Exceptional Contribution Award

### **2000**

**Wendy Huber, MD**

Dermatology, South Sacramento  
*Latex Allergy Prevention Program*

**Tom Kidwell, MD**

Ophthalmology, North Valley  
*Re-engineering Vision Services*

**Keith Matsuoka, MD**

Head and Neck Surgery  
Greater Southern Alameda Area  
*Hearing Aid Centers*

**Barry J. Miller, MD**

Orthopedics, San Jose  
*Medical Spine Unit*

**Michael Wilkes, MD**

Internal Medicine  
South San Francisco  
*Congestive Heart Failure Program*

### **2001**

**Ernie Bodai, MD**

Surgery, North Valley  
*Breast Cancer Stamp*

**Richard Boise, MD** and  
**Maria Borquez, MD**

Pediatrics, Diablo Service Area  
*Pregnancy Teen Counseling  
Program*

**Susan Kutner, MD**

Surgery, San Jose  
*Breast Cancer Care Delivery*

**Brigid McCaw, MD**

Internal Medicine, East Bay Area  
*Family Violence Prevention  
Program*

## 2002

**Louis Fehrenbacher, MD**

Oncology, Napa Solano Area  
*Oncology Clinical Trials Program*

**Doug Grey, MD**

Surgery, San Francisco  
*Operation Access*

**Walter Kinney, MD**

Ob/Gyn, North Valley  
*Cervical Cancer Screening*

**Ron Melles, MD**

Ophthalmology, Redwood City  
*TrackER and Notewriter*

**Michael Wong, MD**

Allergy, Central Valley Area  
*Neighbors in Health*

## 2003

**Charles Wibbelsman, MD**

Adolescent Medicine, San Francisco  
*Adolescent Health Services*

**Steve Bornstein, MD**

Ob/Gyn, South San Francisco  
*Clinical Information Presentation System*

**Ronald Bachman, MD and  
Edgar Schoen, MD**

Genetics, East Bay Area  
*Regional Genetics Service*

**Eleanor Levin, MD**

Cardiology, Santa Clara  
*Cholesterol Management, Cardiac  
Rehabilitation & Heart Failure  
Programs*

**Hernando Garzon, MD**

Emergency, North Valley  
*Urban Search and Rescue Team*



**SIDNEY R. GARFIELD, MD**

**2004 - 2007** Exceptional Contribution Award

**2004**

**John Chuck, MD**

Medicine and Family Practice  
North Valley  
*New Physician Orientation  
and Mentoring Programs*

**Scott Gee, MD**

Pediatrics, Diablo Service Area  
*CIPS Preventive Health Prompt*

**Pat Hybarger, MD**

HNS/Mohs, San Rafael  
*Mohs Surgery Reconstruction  
Program*

**Tim Tsang, MD**

Urology, San Jose  
*E-Consult System*

**2005**

**Towie Fong, MD**

Internal Medicine, San Francisco  
*Chinese Bilingual Bicultural Module*

**Preston Maring, MD**

Ob/Gyn, East Bay Area  
*Friday Fresh Farmers' Markets*

**Mary Pat Pauly, MD**

Gastroenterology, North Valley  
*Care of Patients With Hepatitis C*

**Charito Sico, MD**

Pediatrics, Fresno  
*Community Health Fair*

**David Sobel, MD**

Internal Medicine, San Jose  
*Health Education and  
Health Promotion*

## 2006

### **David Baer, MD**

Oncology, East Bay Area  
*Case Management for  
Medical Oncology*

### **Sobha Kollipara, MD**

Endocrinology, North Valley  
*Programs for Children and  
Adolescents with Diabetes*

### **John Rego, MD**

Radiology, San Francisco  
*Virtual Radiology and  
Digital Imaging*

### **KM Tan, MD**

Radiology, San Rafael  
*Allied School of Health Sciences*

## 2007

### **Rob Burger, MD**

Occupational Medicine, North Valley  
*Prevention and Emergency  
Management of Youth Sports Injuries*

### **Richard Fleming, MD**

Internal Medicine, Napa Solano Area  
*Volunteers in Public Service*

### **Joseph Phaneuf, MD**

Dermatology  
Greater Southern Alameda Area  
*Ashland Free Medical Clinic*

### **Alan Whippy, MD**

Emergency Medicine, East Bay Area  
*Population Disease Management*

**SIDNEY R. GARFIELD, MD**

**2008** Exceptional Contribution Award



**2008**

**Tom Barber, MD**

Orthopedic Surgery  
East Bay Area  
*CyberKaiser*

**Evan Bloom, MD**

Pediatrics, South Sacramento  
*Physician Wellness*

**Paul Preston, MD**


Anesthesiology, San Francisco  
*Patient Safety*

**Gail Wagner, MD**

Hematology/Oncology  
Greater Southern Alameda Area  
*Matibabu Foundation*

**Alan Wong, MD**

Pediatric Hematology/Oncology  
Santa Clara  
*JW House*

A decorative floral pattern in a lighter shade of blue, featuring various leaves and scrollwork, is positioned in the upper half of the page.

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“ Keep your arms on each other’s shoulders  
and keep your eyes on the stars  
for innovation and change for the future. ”

- Sidney R. Garfield, MD



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